



The Metatronic Times

A newsletter for those interested in Metatronic Life & Healing

No.14 Summer 2021

Scroll to the page
to see....

[Page 1](#) Class News

[Page 3](#) COVID News

[Page 4](#) Lead article
Metatronic Mystery

[Page 5](#) Teacher &
Apprentice News

[Page 6](#) Student
Global Meditation
dates

[Page 7](#) Practitioner
News & new
trainings

[Page 9](#) Class
Schedules and
invitations

Welcome to this bumper Metatronic Student Newsletter for 2021 – and thank you so much for saying YES to Metatronic Life & Healing. Because you say yes, this awesome opportunity is grounded and made increasingly more real and available on the planet.

It has been a while since the last full Metatronic Times Newsletter, but with all the stresses and opportunities that 2019/20/21 threw in our path it left no time for it. Instead, I have been updating you all bit by bit with emails about the most important things we wanted to draw your attention to. So, this edition is going to span the past few years updating you on what was, what is and what's coming over the horizon. It is big, so read on.

Class News

We decided early on, when it was clear we could offer classes online, that we would postpone offering face to face classes for the time being. So, from March 2019 to the present moment this has been the case. Dolores has some plans for face to face from here on in as does Gill.

However, whilst things are still uncertain, especially as we move into another winter, Clare and I will continue to offer classes online. This provides certainty of your Metatronic Pathway. Another benefit is that it also allows more people from around the world to participate.

The COVID Immune Education sessions and Metatron's Arc have been huge in offering Metatronic Life and Healing to a much wider and global audience. In

turn it is creating a keen interest in what Metatronic Life and Healing offers directly. A lot of this new interest has turned towards “Sacred Ground – a Metatronic Beginning” which in turn has let to people attending Step 1 of the Metatronic Life Pathway online.

Initially, we have just said yes to all who wanted to come, this included anyone wanting to use the availability and ease of the online class to repeat as many classes as they wish. It has been an intense and wonderful time. We now have a special place for students (and Practitioners holding MHA Membership) to book their reduced-price places when repeating classes. This can be accessed via the “Events Booking” tab where at the bottom you will see “Repeat Class Bookings” or click [HERE](#).

This has all meant some of the classes have been quite big. Now that we are beginning to have more Metatronic Teachers who can offer the online classes we are going to limit the number. We want to offer a balance of the powerful group field and the element of personal interaction. To this end we are considering a trial, where, when there are more students than our max class number, simultaneous classes with teachers who can give the online Transmissions and Attunements. From your point of view, when you book a class, the date is fixed, and you will be taught by the relevant Metatronic Teacher. This will flow more smoothly rather than scheduling an alternative class on new dates if the original class has been overbooked. This allows the balance we require and allows for each wave to move together through the Metatronic Pathway smoothly. We shall see how this unfolds.

Looking forward we anticipate, in 2022 the return of in person classes in some form. One thought is to hold a long weekend sometime in 2022 when Metatronic Students can come together to have a Metatronic Retreat to celebrate the return of face-to-face opportunities.

However, because online classes make Metatronic Life available worldwide we will continue to use the online option. This will, in time, create face to face classes in the country concerned. How we will do that and for what classes is something that we will have to work out as we go on.

As they say every cloud has a silver lining and one of the gifts of the pandemic has been the advent of online classes. This has been a huge gift both to us and those who now have access Metatronic Life & Healing who could not before this time

As the system is going through this time of evolution, the Online classes now have the gift of Metatron attuning you directly rather than via the physical touch from a Metatronic Teacher. Our sense is that this is deepening your direct relationship with Metatronic Energy and Metatron and one which supports you as you move to connect to give yourself or another the gift of Metatronic Healing. We want to make clear that outside of the class you cannot give yourself or others an attunement, it is the gift of the Metatronic energies which are bridged. We will have to see as face-to-face returns whether this new way of giving you Attunements will continue. We think it will but as always, we continue to listen for what is best and true.

COVID News

As we have walked the pandemic, it has become clear Metatron is deeply engaged in helping humanity and is not for or against this view or that view as regards whether the pandemic is real, or whether we should or should not take COVID vaccinations.

What this means is that if you do not want to or cannot take the COVID vaccinations on offer, there is the Immune Education Support that we provide. To this end, with Metatron's approval, we will continue to offer this free online service at least once a month in order to help those coming for a first time and those who want to have their immune system updated for the latest variants etc. Feedback from people has been amazing and at the very least it has given people a sense of support from the inside out, which has meant the stress of this time has been lessened. If you have not completed our survey and would like to please go [HERE](#). It only takes a few minutes, and it will help us hugely – thank you.

For those that chose to take the COVID vaccinations offered, there is the Metatronic COVID Vaccine Support. This was developed by Metatronic Teachers Deb Simmerly and Gill Goldfinch both of whom are ex trauma nurses who used their medical experience to research what the various vaccines are toxic for and how they work. Then they both worked with Metatron in conjunction with us to develop this energetic vaccine support. There is a simple version available to all Metatronic Students to give freely and a

more advanced one which Metatronic Practitioners offer for a fee.

As a result of these offerings and interventions, I don't think it's an exaggeration to say it has been of tremendous benefit to so many people in their lives and that some lives have been saved – amazing!

As part of this time and the resultant trauma, crisis, upheaval, and fear which has travelled worldwide accompanied by a feeling of powerless, Metatron intimated there was something we can do, whether a Metatronic Student or not, and this was Metatron's Arc. We offered the first series of this over Spring 2021 and now for August we are offering the second series. It is a beautiful, powerful, and simple way we can come together with the things that deeply concern us and have Metatron bring the grace of the Arc in which will help move it from where it is to where it could be optimally.

What has been wonderful is how it is spreading by the sharing and personal recommendation and reaching more people who want to engage in this collective purpose. We appreciate students sharing the existence of Metatron's Arc. If you are interested or have friends who are interested, you can find more about it [HERE](#). You will need to book it to participate.

Our commitment is to make and offer all of these things free of charge

Article “Metatronic Mystery” – by Richard Farmer

Whatever we can say about Metatron, it can only ever be partially true. Whatever we can know about Metatron is not the whole picture. Why? Well for one because we live in a linear reality and Metatron exists in a multidimensional and no time reality. It's like being in a vast totally dark hall with a pencil beam torch. You arc the beam in a line from one wall to the other and say that is the hall. It is like that. And it is, but all you have seen is one thin line of the reality. If you change your angle and again play the beam from wall to wall, a different view is shown. Now you have two lines. Both are true but in terms of the wholeness or reality of the hall only partially. Now imagine how many lines do you need to see the whole majesty of that hall. Probably by the time you get to that, I can easily imagine forgetting what the first beam was like and there you are once again back with the mystery.

I along with Clare have been connecting with Metatron now for at least a decade both as students of Metatronic Life and Teachers. During this time how I connect and what I connect to changes. This was first of all very confusing as I was expecting X and was presented with Y, and it took a while for me to shift my focus and see the new connection. During this period of change, paranoia raised its head with thoughts like I am making a mistake, I have lost my connection, I have got it wrong etc. etc. But like I said, in time, if I just kept showing up, that hearts wish, that wish to connect, would lead me to the new or different connection.

From this I have learnt a number of lessons. One is that Metatron is mystery and will change shape and form as is necessary. Two, I just need to keep showing up, putting myself in front of the relationship and listen for what comes back. Not what I am expecting but what is. Thirdly, sometimes there is a reason for the change. Metatron is responding, but from a different direction because Metatron wants me to change or evolve my listening to see/hear that direction. As I tune into this new reality or direction and deepen in it, there Metatron is.

Another thing that can happen, is that in a different way, my Metatronic connection appears to disappear! Now as a “Teacher” this is not supposed to happen. Again, this loss of connection can be accompanied by thoughts and voices of fear and insecurity. I am being punished, shunned etc. because I am not worthy of it. The list is endless. I am sure you understand this and have your own experience of it.

But again, over time, I have understood that no matter what is happening, connection or loss of connection, when the need is truly there for it, bam, there it is. There are times, and I have just been through one, when I am left alone, to find myself if you like in MY new form. For in truth, I and you are also multidimensional timeless beings and as we deepen in our evolution, so we expand and become more transparent and translucent. To find this new me, I need to be left alone. So rather than being abandoned I am being encouraged to find myself. What a beautiful gift.

As the years roll on, and these experiences arise, and reconnection happens in these different forms, a confidence is emerging that, through the attunements and transmissions, a direct bond is formed that remains unbroken no matter what. And from my side. as long as I keep showing up with that love or appreciation of this extraordinary gift, my connection is there unbroken. I am minded of a plaque a dear friend gave me, "Bidden or not bidden, God is Present". This is true. My long-term experience is that Metatron and this connection is always there whether I know it or not. Whether I need it or not. And, when I DO need it, there it is.

So dear fellow Metatronic Students, simply listen to that quiet intimate silent connection deep in the intimacy of your heart.

From there connect and know yourself and from there extend the hand of that hearts connection to Mystery and listen.....

and allow and let it be.

Metatronic Times Database



The Metatronic Times database is for students who have taken Step 1 onwards.

The Metatronic Life Newsletter database is for all other interested people including those who have taken the Sacred Ground and you. This separation is made in order that we can easily differentiate between opportunities which are available to all, and those that are available only to people who have taken a Metatronic Pathway Class.

The downside is that Metatronic Students who are on Metatronic Times receive some invitations twice.

We apologise for this, but it is very difficult to do it any other way for the moment. In time we will go through the Metatronic Life Newsletter database removing all Metatronic Students.



Metatronic Teacher & Apprentice Teacher News

Since our last newsletter in 2020 we are happy to announce two new Metatronic Teachers. The first was Deb Simmerly and more recently Dolores Torres. The issue has been that up until just recently we have only been able to give the Metatronic Teacher Empowerments in person. Since Deb is in the USA and Dolores in Spain this has proved an issue. However, we keep listening to Metatron and Metatron is listening to Apprentice Teacher evolution and when Deb (in April 2021) and Dolores (in June 2021) were sufficiently energetically ready, we offered them the opportunity. In addition, we, that is Clare and I (Richard) also needed enough "spine" to bridge this empowerment to them at a distance. As soon as these two developments lined up, we went ahead. So, congratulations to you both – welcome.

Something Clare and I realised early on in the pandemic, was that to give transmissions and attunements at a distance i.e. online, required more of a connection than a face-to-face class. So even though Gill had been made a Metatronic Teacher and was ready to roll out her Step 1 & Step 2 class schedule in 2019, with the COVID restrictions, she was unfortunately unable to go ahead. This has been very frustrating for her.

But as we all keep listening, gradually their connections deepened and currently Gill can now offer Step 1 & 2 online. Gill and Deb can offer Sacred Ground Online. Dolores can offer all of these classes only face to face at the moment, but this will change as her energetic spine evolves.

In addition, both Rita Bonvin in Switzerland, Raina Nahar and Brendagh O Sullivan in the UK are all empowered to offer Metatronic Introductory Days in person. Rita is offering some face-to-face Metatronic Healing meditations and Brendagh is offering evenings in Bristol. Raina is now planning to offer these events in London in the very near future.

During this time, a new Apprentice Teacher has been accepted, Jennifer Wenacur in New York State, USA. She is taking time to let it assimilate and when conditions are right, she will be offering Metatronic Group Healing in her local area.

Richard Brooks has also received his empowerment to give face to face Metatronic Group Healing Meditation Evenings but with a move to Scotland and some difficulties arising because of the Pandemic he has decided to postpone offering them temporarily.

One of the innovations of this time are the Metatronic students guided meditations that

both Gill and Deb have been able to offer online, individually, and together. These have proved to be a great encouragement for student to utilize their relevant level of Metatronic energies received in relevant classes. The schedule for these can be seen in the Student Area at the website.

Finally, it is with sadness that we say goodbye to Sabine Metry from Switzerland, who withdrew from the Apprentice Metatronic Teacher path. We wish her well.



Quarterly Metatronic Student Global Healing Meditations 2021

Open to all Metatronic Students

Sunday 31st October 2021 5pm UK GMT
12 noon USA BST: Zoom ID 81170321326
<https://us06web.zoom.us/j/81170321326>

Sunday 19th December 2021 5pm UK GMT
12 noon USA BST: Zoom ID 82371660286
<https://us06web.zoom.us/j/82371660286>



Metatronic Practitioner News

Metatronic Practitioners have been kept busy over this period as they have been empowered to give the Metatronic Advanced COVID Vaccination Support.

For those Foundation Metatronic Healers who have been prohibited from giving face to face healings, the pandemic has been extremely challenging. But as it is slowly lifting and permissions and confidence returns, we assume that you will be gradually getting back to it.

There is a huge back log of “need” out there. The strain of this time is now releasing as the curbs are released, and Practitioners of many disciplines report a huge increase in demand. Metatronic Healing has a lot to offer here, with its gentle yet powerful approach. Simply taking people through the Step 1 & Step 2 Sacred Sequences will give a huge amount of inner support and healing. So, whether student or Metatronic Practitioner, we encourage you to go for it.

Metatronic Healing CPD Days Online for 2022

Foundation CPD 5th March 10.00am UK GMT [BOOK HERE](#)

Advanced CPD 6th March 12.30pm UK GMT 7.30am USA EST [BOOK HERE](#)

NEW Online Metatronic Healing

FOUNDATION Training Feb/March 2022

The last version of this course we gave was just before the pandemic hit in March 2019. I have taken this time to listen to Metatron and contemplate the areas of the classes that would benefit from being strengthened. Gradually a new course format has arisen from Metatron which we are happy to announce and offer to all Metatronic Students who have completed Steps 1 and 2.

We anticipate the following students will be interested in this training:

- Not all students want to become healers, they just want to be more clear about how to offer Metatronic Healing.
- Then there are students who want to begin to share Metatronic Healing. Some with a few close friends and family and those who are ready to expand the circle further. To do this you need to know how to talk about Metatronic Healing and Metatron, which is not an easy thing to do!
- If you are at the beginning of your sharing journey, you may not be ready to charge formal fees but perhaps consider a donation for offering healing sessions towards your

further training.

- However, there are students of Metatronic Life & Healing who either are already healers in other modalities and who already have a professional practice and are now ready to bring Metatronic Healing into their professional practice.

This Metatronic Healing Training meets these different and diverse needs so that when you leave the course, you will be confident to take the step you want to, at the level you wish to take it.

If you are interested, look at the pamphlet that introduces it [HERE](#). To book it click [HERE](#).

We are happy to announce another opportunity for those who have attended the Metatronic Healing Foundation Practitioner

NEW Online Metatronic Healing

ADVANCED Training 2nd to 5th December 2021

Course to come to the ADVANCED Metatronic Healing Training. And the pre-requisite has been adjusted from Step 5 The Cosmic, to Step 4 – Crystal Radiance. As the Metatronic System evolves and gets more grounded so it is possible to offer more powerful classes to more students.

The Advanced Metatronic Healing Training will be a quantum leap in not only your understanding of a Metatronic Healing and how to use it, but what you can use it for. It is as they say a “game changer”. Some who have already taken it have talked about it being the missing link in deeper understanding for them. This comes in tandem with a groundbreaking Metatronic protocol which supports and clears the whole energy system and can be used equally for client sessions. If you are a Practitioner and equally if have taken the relevant Metatronic Steps (4) to be eligible for it, we wholly encourage you to say yes – this is a truly unique course!

To see the full information, you may see it [HERE](#). If you want to go for it book [HERE](#).

Metatronic Class Dates & New Opportunities

If you follow this link, the full list of current opportunities for healing, inspiration and your next step is available [here](#): Remember you can check classes that are offered as a repeat [here](#):

Classes coming
up in Autumn
click to book

[Healing Trilogy](#)
[Body Mind Spirit](#)
[21st September](#)

[Step 1.](#)
[Foundation](#)
[2-4 October](#)

[Step 2.](#)
[Golden Alchemy](#)
[22-25 October](#)

[Step 3.](#)
[Ancestral](#)
[Songlines](#)
[13-17 October](#)

[Step 4.](#)
[Crystal Radiance](#)
[23-27 September](#)

Sacred Ground a Metatronic Beginning

11th & 12th September 2021

with Gill Goldfinch

We are holding a “pop up” opportunity to engage in the pre-requisite for those that want to begin the full Metatronic Life Pathway. For more information, please look [HERE](#). If you know of friends who may be interested, please pass on the information. If you wish to repeat this class because numbers are limited, for now we want to reserve the places for new students only. Book [HERE](#)



Christmas Special - Gifts of Sacred Recognition Gold Frankincense & Myrrh

December 11th (UK time) and 12th (USA time) 2021

After multiple requests, we again want to offer you another chance to come to “Gifts of Sacred Recognition”.

This is a great opportunity for those who have not yet received it and for those that attended this debut event in December 2020, Metatron indicates there is more to reveal and deepen into. The affirmation of who we are, releases us from the bondage trying to please others in order to exist. As we are freed from this, we act more from our truth, our naturalness, free of guile and full of compassion. The invitation can be viewed [HERE](#).



The Awakening Stream a Metatronic Journey into Awakening

November 11th – 14th 2021 & January 13th 16th 2022

Richard is offering 2 opportunities to sit in the Metatronic Awakening Stream, pre-requisite is Step 1 – the Foundation. Wherever you are in your awakening journey, Metatron will meet you and release you to the next level. In addition, Richard offers his experience of having lived this path of awakening, and his understanding of how to work and be with this space. It's a totally unique, simple, mysterious, and powerful experience. To read more about this click [HERE](#) or book it [HERE](#).





Deepening your Awakening Stream

For those who have attended 2 or more of these Awakening Stream Classes, Metatron has indicated there is the potential to sit in the same way, but contexted in the knowledge that you have done this at least twice before. This will enable the deepening of the living principles in sacred silence as the Awakening Stream continues to unfold its magic in you. I am sensing this will be offered in Summer of 2022 at the earliest, but I am listening and will let you know as soon as it has become clear. Until then I recommend the UK November or USA January Classes

Deepening in Wellbeing Days

Annual Deepening Days are offered with Senior Metatronic Teachers Richard and Clare. These are given for students on any step of the Metatronic Pathway (i.e. from Step One – Foundation ‘Opening the Pathways’ onwards)

Students Deepening Days primarily focus on strengthening and renewing Metatronic connections, supporting health and wellbeing as well as deepening the understanding of the Metatronic pathway.

All students, at whatever level, are most welcome to come. There is also the all-around benefit of coming to these community day gatherings for this collective purpose. There is a full fee rate but there is also a reduced fee which can be accessed on request. We believe no Metatronic Student should be prevented from accessing these sessions because of financial circumstances, so at the very least, a donation, please request this option if you need it – thank you.

Deepening Day – UK:

Saturday, September 18th 2021

Times: 10.00 am – 6.00 pm BST [Click Here to Book](#)

To see info Pamphlet for this day [CLICK HERE](#)

Transmissions in Magnesium & Spirulina



Deepening Day – USA:

Sunday, September 19th 2021

Times: 10.00 am – 6.00 pm EDT, 7.00 am – 3.00 pm PDT [Click Here to Book](#)

To see info Pamphlet for this day [CLICK HERE](#)

Transmissions in Vitamin E and Aloe Vera



www.metatronic-lite.com



Final thoughts

Something that I have mentioned before but perhaps something to bring to your attention again is our development of the name we give what we do.

Metatronic Life is the name we give to the Pathway i.e., Sacred Ground, Steps 1 to 7, and the Awakening Stream.

Metatronic Healing is what we give ourselves and others when we want to share the energetic gifts of the Metatronic Energies transmissions we have received via the transmissions process

Metatronic Healing Training is what we call the classes that offer you the chance to develop your understanding of Metatronic Healing and be a Metatronic Healing Practitioner.

As we begin the move to Autumn 2021 Metatronic Life & Healing is in good shape. The Pathway is now clear. The Metatronic Healing Training is in place. The Awakening Stream is developing and deepening. More people are coming to what Metatronic Life offers and are understanding what it is and being touched deeply by it.

What is especially wonderful is when participants come for the first time and mix with those who have come many times, or you have lots of experience of other modalities. The fact that whether you are a beginner or an advanced and mature seeker, Metatron meets you where you are and helps you evolve. That is quite a span and an indication of the power and availability of what is Metatron's personal system for spiritual evolution and healing. Your next step awaits and thank you for being part of it. We hope that you have enjoyed the Metatronic Times. Feel free to get in touch with us with any questions about the articles, the information in this Metatronic Times or anything else at richard@metatronic-life.com

Once again thank you - The Metatronic Team *Copyright © 2021 Metatronic Life , All rights reserved.* **Mailing Address:** Metatronic Healing® PO Box 149, HR1 9EU, UK. Want to update or opt out of this database? Simply, get in touch at: office@metatronic-life.com