



Angelic Healing for Life Change

There are now higher frequency energies being brought to us from the angelic realms. Metatronic Healing is a new system that uses Archangelic rays to heal the heart and to bring rebirth to body, spirit and mind. **Claire Gillman** reports

Over the centuries, numerous people have attested to how angels have interceded on their behalf at times of personal danger or how they have benefited from the protective and healing energies of angels. Yet this long-held therapeutic association between mankind and the angels now seems set to go up a gear.

In 2007, a new body-and-emotion healing system called Metatronic Healing was announced that uses

high-frequency Archangelic energies to heal the heart and to dissolve painful memories and outdated beliefs that might limit your life.

Its founder, Pippa Merivale, has been amazed at how swiftly Metatronic Healing has taken off. She is currently running workshops in order to train healers in this new way of working, and also to give healing to those who attend.

The two-day foundation workshop held in November was attended by about 20 people, all of whom were



healers of some sort, ranging from Reiki masters and a Shiatsu practitioner through spiritual and prana healers to a psychotherapist and colour therapist. All were experienced in their own field but were interested in the idea that Metatronic Healing offers to take healing energy to a different and higher level.

" A huge part of this is the activation of the heart centre. It's so vital for humanity. The heart is the centre of everything. "



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Colour as the light-force

Initially, Merivale explained a little about her own history, saying, 'I have been a natural healer for a long time. I hit on colour healing very unexpectedly when I was about 40, and I worked using it in Japan, USA, Eastern Europe, Western Europe and Scandinavia. It was the experience of colour and channelling those energies that paved the way for these higher energies to come through. These angelic energies express themselves as colour – so the understanding of that is very helpful. You don't have to have worked with colour or to understand it but it is useful.'

Although her experiences of colour healing made her an ideal candidate to introduce this new work, she confesses that when she first started receiving the messages and energies from Metatron in 2007, it was physically devastating. 'I vaguely perceived the angelic beings and a lot of angelic light pouring down into me and they were new rays that I had not seen before. When I downloaded, I was shaking from head to foot – the energy coursing through my body is so powerful. I was in bed for the next 7 days with a raging fever.'

In particular, it is because of the very high frequency of the Metatronic healing energies that Merivale believes it is not for everyone. She explains, 'I asked Metatron for the people who come to be ready. Most people who attend want to train so they are mainly healers and therapists. Quite a few want to use it alongside their existing therapies but they tell me that it changes their practice and how they do it, particularly with Reiki Masters. It changes the quality of the work.'

'I don't want to sound elitist because it's not about that. These are quite new energies that are at some level unfamiliar. We are still getting used to them. The early groups have helped me to learn what it is and to anchor the energies on this planet. We have all learned so much in the past 18 months and so it's thanks to every single person who has come on the training that these energies have now become anchored on the planet.'

Therapist training

Merivale appears to genuinely feel a sense of responsibility about those who wish to become Metatron Healing therapists and she is conscious that trainees may well be working with higher energies than they have previously experienced. However, she is confident that now is the right time for this new healing system to be taken out to a wider audience. She says, 'I think there are many more people at a higher vibrational level now, especially

the young. I'm almost 60 and I'm at the stage where I sometimes wish I could do it all again, knowing what I know now. Our generation got a lot of stuff out of the way so that the new generation doesn't have to do that. These new ones are learning so quickly.'

In her own life, Merivale has been through many challenging experiences including a destructive, failed first marriage and serious health problems for her children but she believes that this has helped her in her approach to Metatron Healing. She says, 'What informs the system is my belief and deep conviction about our ability to heal just about anything on a traumatic, emotional level that we go through as our personal choice. Because of the testing life path that I have had, I have learned about the power of healing and that practically anything can be healed. I believe in exceptional healing or healing against all the odds. The Kabala says that our destiny is to overcome death and these are small steps along the way somehow.'

What to expect

During the course of the workshop, Merivale delivered a mixture of personal insight and discussion together with practical sessions where you experience the Metatronic energy which is delivered to you by Merivale through a series of energy Attunements and Transmissions which adjust your energetic frequency. People reported feeling tranquil and serene – many experienced explosions of colour – after these sessions.

There is also a process of energetic clearance delivered in the same manner (you are encouraged to bring a blanket and pillow as you receive these sessions while resting in a quiet, darkened room) that dispels 'the story' or the illusions that hold us back from real fulfilment. After a 'clearance', feedback varied from experiencing almost a 'blanking out' to vivid and powerful visions.

So what can those who attend the foundation course hope to get from it? After careful consideration, Merivale replies, 'They can attain a deep level of self-understanding and confirmation of their true essence. They come out with more self-belief and a much deeper sense of the divine and spirit. There is a dissolving of trauma that has been held in their cellular memory for a long time, a feeling of acknowledgement and quite often physical healing too.'

Certainly the November workshop attendees, about half of whom had expressed an interest in working as a Metatron Healer, appeared profoundly affected by this system that is a deep-acting agent for healing.

What is the Metatronic Healing System?

The Metatronic process works on a very high vibration to activate the third eye and open the heart-centre which 'connects us with our personal truth, our purpose and our authentic power.'

It is a healing system that is designed to increase your self-awareness, enhancing your capacity to claim the freedom and responsibility to create your world consciously.

It enables you to transcend the 'stories' or the myths that have directed your life in the past and move to a higher level of truth.

It is a sacred process that brings divine light into your own light and dark nature, so that you love and befriend the totality of yourself – the path to true consciousness, to a state of spiritual awakening that put you into a place of authentic and soul-based power.

Angelic Energy Colours

Merivale says, 'It's still evolving but the basic structure is in place. We have three levels (4th evolving) and various modules.' The colours associated with each level of angelic energy are:

- First level: opaque, iridescent, cloudlike pastel colours
- Second level: metallic, pearlised colours
- Third level: Crystal colours
- Fourth level: Tactites (extra terrestrial crystals)

more information

- The Metatronic Healing Workshop: This is a two-day healing intensive that also forms the first part of a training course for those continuing on to Practitioner level. Cost: £180, including manual.
- For further details go to www.metatronic-life.com or call 020 8339 2043.
- Pippa Merivale's book, *Rescued by Angels* will be published by O Books on 24 April 2009, Price: £12.99

