

# Metatronic Healing



## Purifying mind and body through new energetic frequencies

*Caduceus* talked to **Philippa Merivale** who, energised by powerful angelic ‘instruction’, has been prompted to make the awakening ‘Attunements’ and ‘Transmissions’ available through courses in Metatronic Healing.

**Figure 1** Archangel Metatron depicted with a Metatronic Cube above.

‘Take the story out of the body energetically.’ This was the direct, clairaudient instruction that, on an early March morning in 2007, was to change the life of the person receiving it – and later, many others.

Philippa Merivale, at the time a counsellor and natural healer, had not been investigating discarnate communication so when the message came ‘out of the ether’ with authority and force, she acted on it before the day was out, using her own body to respond to the instructions, which were then clearly given.

What was shown, through images and through energy in action, was gentle but radical in its effects: angelic surgery of an unusual kind. It was so effective that others soon wanted to partake.

‘Removing the “story” is a useful first step if we are seeking anything from the most elementary levels of emotional comfort to the loftiest states of spiritual fulfilment,’ Pippa told *Caduceus*, ‘because our smaller, more limited or contracted selves – our egoic or mind-based selves – repeatedly come to depend on the sense of identity that these stories give us.’

She continued: ‘We are addicted to our memories, no matter how painful; we are addicted to patterns of thought and feeling that nourish this sense of identity, which is based on perceptions of beauty, unworthiness, cleverness, poverty, professional competence, status and all the other temporal illusions. And, of course, we also hold memories of trauma, abuse and so on at a cellular level.

‘These patterns and memories lock us into cycles of downright discomfort, though we are remarkably skilled at denying the link between cause (our thoughts) and effect (the conditions that show up as our lives). It’s usually when the discomfort becomes impossible to ignore that we begin waking up and taking notice.’

So, it is not surprising that an offer to ‘remove the story’, to halt a person’s self-repeating cycles, has attracted a growing number of people eager to put their past cycles behind them and resulted in Pippa quickly developing courses to demonstrate the techniques of what she terms ‘Metatronic Healing®’.

### **Awakening heart of humanity**

It was the promise that followed these early sessions with friends and clients that interested her even more, a promise that informs the system she has nurtured and developed since that first day: that the heart centre of humanity would be awakened.

This is certainly a welcome assur-

ance, though the concept is hardly new. Have not most of the world religions attempted to offer a path leading from fear and darkness into light and love? Spiritual aspirants through the ages have sought to transcend the ego and find the elusive door to the heart.

A century or so ago Teilhard de Chardin suggested that what he foresaw for humanity's future was not an idealised concept but a form of energy. So when he said:

'The day will come when, after harnessing space, the tides, the winds and gravitation, we shall harness for God the energies of love. And on that day, for the second time in the history of the world, we shall have discovered fire,' what exactly was he foreseeing?

Pippa responded: 'He talked of love not merely as a concept, as a nice idea – or even as a moral imperative; he spoke of it as energy. It is love on this level of potency, as an energetic force or as a fre-

quency, almost palpable, that is being promised.'

### **Metatron – most powerful Archangel**

But removing the story is only the very beginning, it seems. Metatron is generally regarded as the most powerful of all the Archangels. British researchers Stuart Wilson and Joanna Prentis, in *Power of the Magdalene* (Ozark Mountain Publishing, 2009), suggests that 'he is one of the Elohim, the leaders of the angelic host and the architects of Creation.'

It was this ancient Being who showed his Presence (another description of Metatron is the 'Angel of God's Presence') early in the revelations of what evolved into this new system, through visual symbols, colours and words. And from the time when Pippa first began sharing this method with others, it was energies – above all – that were offered: the energies of Creation, of Change, of Love.

### **But what does this mean in practice?**

'Through group workshops and individual client sessions,' says Pippa, 'we are offered techniques for dissolving what we no longer want or need, and gifts: angelic frequencies of light – or divine love – are received into our own energy systems and circuits, re-calibrating us, reminding us of what we have long forgotten: that we are ourselves divine creatures, beings of love and light, divine sparks of God.'

'The gift we are offered is the energy that will move us out of dense, third-dimensional consciousness, where our power is so limited, and expand us, amplifying our creative potential and softening our inner armour to re-connect us with the wisdom in our hearts.'

This is crucial because the heart – for numerous reasons explained by biology, energy medicine and the traditional wisdom of mystics through the ages – is not

## **Experiences of Metatronic Healing**

**Dr Rahmat Mohammad**, abuse worker, building a pan-Africa charity in a country where rape is not a crime and 80 percent of women suffer female circumcision

The Metatronic Transmissions brought energy like lightning into my being. I saw my life purpose, how I have been guided to healing and how I needed these frequencies to heal myself before I can heal others.

Later, I missed a chair and hit my tail bone on the floor. I went to the workshop in great pain: sharing that and the nature of my work in healing women who have suffered genital trauma prompted other participants to recall painful memories of abuse. A powerful group clearance and healing followed.

Since this experience, great openings started to unfold, bringing me funding from projects all over the world for the global healing mission I am working to set up. I am certain that these openings have arrived thanks to the intervention of the great 'beings' with whom I have been connected. I can say that I am now 'in' the light at the end of the proverbial tunnel.

**Lisa O'Connell**, lawyer, London

I was working in the City of London, knee deep in the 'reality' of everyday life: running a specialist company, working long hours. My team was productive, cohesive and relatively relaxed in a high-pressure environment. I was content but unfulfilled.

Then I attended my first Metatronic Healing course. The Attunements and Transmissions made an immediate impact that my left brain initially struggled to deal with. I felt lighter, hopeful, more present and, rather incongruously, more grounded. I skipped out of the workshop having already booked myself onto the next one.

It became apparent very quickly that the changes in me were having a knock-on effect. The energy of the entire team underwent a miraculous transformation – suddenly everyone was happier, sleeping better, laughing

more, hurting less. Office conversation turned from The X Factor to the spiritual and metaphysical.

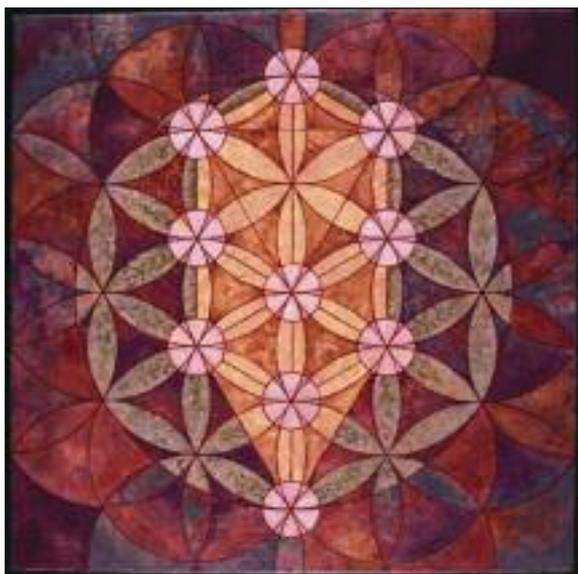
As I progressed with my Metatronic Healing training I started to practise my new-found skills at work. I continue to be astounded by the difference that this healing and these energies make to people. From helping to uncover the reason for backache to removing the block that has stopped someone writing their book, I've seen so many people connect with their inner light and take a giant leap forward. My life has been thoroughly enriched and you find me now more of a right-brain healer than a left-brain lawyer!

**Jean Whittle**, psychotherapist and Reiki master, Malvern  
I can hardly believe it's only 18 months since I first heard of Metatronic Healing, it has so deeply changed my life. In the past I was driven and subject to emotional downers. Any reaction now to outer events is immediately followed by calm. I am much more serene and peaceful and, although very much in the fray, I can observe life in a detached way whatever the circumstances. I am still concerned with what is going on, but I can see the bigger picture.

I work with people suffering emotional problems: sexual abuse, suicide, physical and mental abuse, loneliness, grief, broken hearts, terror and fear, hatred and resentment, anger and rage, depression and anxiety, etc, and various physical problems.

I nearly always start off their course of treatments with a Metatronic Healing session. I am in awe and wonder at the incredible, immediate changes that take place for people just in one session. They tell me that they can no longer access in their minds the extreme feeling that they had, or their physical problem gets better. It makes the rest of their journey back to well-being a much gentler and more peaceful ride.

When I work with people now it never occurs to me that something amazing won't happen!



**Figure 2** Sacred geometry of the Tree of Life outlining Metatron's Cube. Illustration: Charles Gilchrist.

only our place of connection with the Universe and other forms of life but also the physical and energetic seat of our life and our manifesting power.

'The heart, not the brain, decides when the process of life shall begin and end,' she states, 'and, both as organ and energy centre, it performs and reacts in significant and unexpected, life-preserving ways that science is only now able to record and demonstrate.'

### Attunements and Transmissions

The core of what Metatronic Healing offers, through three levels of training and a number of modules, is a series of Attunements and Transmissions, along with practical work, group sharing of experience and discussion of ideas.

The placing of the Attunements, a simple touch of the thumb on a specific area of the body (for example, the 'Third Eye' or the palm of the hand), was given, apparently in specific detail, from the beginning as clearly as all the other information in the system. Each Attunement adjusts the system to receive the Transmission that follows: this enters through the 'heart centre', travelling to the spinal column.

Many participants report that they feel the current from the moment the Attunements are received. A common response to the Transmissions is to enter a trance-like state of deep relaxation – most become sleepy swiftly enough not to be bothered by the snoring that emanates from some participants shortly after a Transmission begins!

If love is the energy and the aspect of consciousness that permeates and informs Metatronic Healing, it seems that the Tree of Life, the central symbol of Kabbalah, the ancient system of wisdom that pre-dates all major religions, underlies its structure. Metatron, as ruler, occupies the uppermost sphere of the Tree.

The Attunements are configured in a way that seems to relate to the sacred geometry of that Tree of Life (Fig 2): first they address the three columns, later they fortify the spinal or central column, and finally they activate the flow of energy at the joints.

Charles Gilchrist's picture of Metatron's Cube within the Tree illustrates Man in relation both to the Tree and to the Cube (Fig 2); and Metatron's Cube was seen by the ancient alchemists as a Creation circle. (For more of this artist's work, visit [www.charlesgilchrist.com](http://www.charlesgilchrist.com) – or see *Caduceus'* website's audio-visual menu for two good video presentations.)

The Tree of Life is a map of consciousness, a 3-dimensional, energy matrix representing the potential we hold in our super-conscious to ascend through ever-increasing levels of awareness until we eventually reclaim the divine light and innocence which is the essence of our original nature.

'But there's a crucial difference,' says Pippa. 'The descent into physical life is made innocently – but unconsciously. But our return 'home', out of third-dimensional separation and limitation, can only be made consciously, through awareness.'

'We could try to regain our personal paradise – whatever that may mean to any individual – through years of discipline and hard work. It can doubtless be done this way, in theory, but that road is laborious and slow, as our collective history shows.'

'And, as Einstein said, we cannot solve a problem from the level of consciousness that created it. We have achieved some astonishing feats working at the level of mind but we have also, at that level, created plenty of problems.'

'So, the angels are offering a faster, more efficient route to wholeness. They are bringing us frequencies which, to all intents and purposes, are new. These waveforms enter our systems, carrying their own intelligence, far greater than ours, and they change us – subtly and from the inside. It is these energies that can lift us out of the density that has numbed our spiritual senses – over centuries – and quicken our vibration.'

### Life-changing energies

The results are proving profound and permanent: according to Pippa: health improves, emotional wounds are healed, authentic power is reclaimed, relationships mended and enhanced.

She says the energies transcend the barriers of time and space, connecting with ancestors, and also help resolve the experience of our own previous lives as well as our current one. They alter our experience of home and work and the energy of the home or the workplace itself; these frequencies can even – according to reports from nurses who are working with them – soften and ease our journey into the next life.

'Ultimately, this has a larger agenda even than healing individuals. The planet has absorbed the fear we have heaped onto her through the ages of darkness and separation: she, too, needs angelic rescue,' Pippa says. 'The Transmissions given through Metatronic Healing move beyond the bodies and energy fields of individuals and groups to penetrate the body of Mother Earth and restore her light.'

If we are, indeed, ready to discover fire for a second time, we've come a long way: so far, perhaps, that we may be ready to re-discover the Divine Light that creates and sustains us, and to open our hearts to receive it. 'When our hearts become activated, we see with new eyes, hear with new ears – and feel with senses expanded and multiplied,' Pippa enthused.

Perhaps this is why the name of her website refers not to therapy, healing and recuperation (which it undoubtedly involves – we all need healing). But its name is Metatronic Life, for Life – abundant vitality and renewal and joy and love – is the natural gift of Light. ☸

**Philippa Merivale's** book, *Rescued by Angels* (O-Books, Winchester, 2009), recounts her personal journey that led to the birthing of this system. For information on courses and personal sessions, visit: [www.metatronic-life.com](http://www.metatronic-life.com). Pippa hosts an international radio show, *Healings from the Angelic Kingdom*, via the World Puja Network: visit [www.worldpuja.org](http://www.worldpuja.org) for current and archived shows including her discussion with Simon Best on 26 September.